

Helping You to Look Your Best

Extreme Measures Are Not Always The Best Answer

By Dr. James Brazil, Olympia

Olympic Dermatology & Laser Clinic offers only the highest quality medical, surgical and cosmetic dermatology services. We're committed to exceeding your expectations by providing excellent outcomes with reproducible results, and using the most current, state-of-the-art technologies.

Q. I loved my Japanese calligraphy tattoo until I found out it said "Dog Taco Pants." Then when my pregnancy changed a blue and red lotus flower into a science fiction creature, I decided it was time to remove or change it to something else. Any advice?


A. Don't fret. As more people want their tattoos removed or updated, laser technology is meeting the need. The most advanced laser tattoo removal system available today is the MedLite C6 Q-Switched YAG laser. It creates four different wavelengths of laser light to effectively treat red, black, brown and now light blue and green. The risk of scarring and pigment change is minimized. Patient discomfort and the time needed for tattoo removal are decreased. This laser technology can also be used to modify a tattoo so that a new, more desirable one can be created in its place.

Q. I've noticed changes in my face's contours. My cheekbones now look flattened, and where once I had fullness there's a depression below my eyes that makes me look tired. Do I need a facelift?

A. Probably not. The aging face loses volume and some of the fat pads in the cheeks are pulled down by gravity. A facelift only pulls skin tighter and can look unnatural, besides being a significant invasive procedure. You can recreate the natural curves of your face with facial fillers like Radiesse. It's injected into your skin just below the

fibrous layer, and will create a soft and natural volume replacement that will make you look younger. It's quick, comfortable and safe, with results lasting up to several years. It's also very affordable compared to a facelift. The other beauty about facial fillers is that there are several to choose from that will naturally reverse the signs of aging and rejuvenate the lips, cheek bones, parentheses wrinkles around the mouth and hollows around the eyes.

Q. My wrinkles are now always visible, even when I am not smiling or frowning. I've heard that laser resurfacing is the best treatment for this; but I can't afford to take weeks off to heal. Is there another option?

A. It's a good time to ask because the most current Fraxel™ laser technology is now available. It works to turn back the clock on aging, improve sun-damaged skin and erase wrinkles, fine lines and brown spots. In fact, the new Fraxel™ SR1500 laser has a 30% deeper treatment effect. This means that each treatment will trigger a greater amount of new collagen production to more effectively rejuvenate your skin. Each laser resurfacing treatment takes about 60 to 90 minutes, depending on the size of the area(s) being treated. Because the procedure does not "ablate" or remove the outer skin layer, patients can resume routine activities shortly afterwards. Topical anesthesia is primarily used during the treatment and swelling is minimal and generally resolves in about two days. Your skin will be dry and have a pinkish tone for five to seven days as old skin cells are being replaced by new collagen-enriched cells. 

Dr. James Brazil is a Board Certified Dermatologist with more than 20 years of medical laser experience.



Doesn't Your Skin Deserve its Own Doctor?

Only at Olympic Dermatology & Laser Clinic will you be cared for by a Board Certified Dermatologist and a team of Physician Assistants and Nurses dedicated to Medical, Surgical & Cosmetic Excellence

Trust your face and body to a real skin expert with years of experience and choose from the widest array of safe, effective, technologically-innovative treatment options available

Call 360-459-1700 today for a complimentary Cosmetic Dermatology Consultation

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